### Chapter 1

# Introduction

The chapter introduces new class of materials for orthopaedic implant applications such as electroactive and functionally graded materials (FGMs) and their advantages over conventional implant materials. In addition, a brief introduction has been provided to the electroactive property of bone as well as hydroxyapatite which is structurally, compositionally and chemically similar to the bone apatite. The need to develop electroactive biocomposites as well as FGMs is also briefly discussed. Thereafter, the objectives of the dissertation have been briefly mentioned towards the end.

### 1.1. Background

In the health care industry, there is an increasing demand to develop biomaterials which are biologically inspired for replacement of hard as well as soft tissues to improve the entire healing process. Biologically inspired material exhibits close biochemical, bioelectrical as well as biophysical similarities with the host tissue.<sup>1</sup> To enroot these properties in a single material is a challenging task in the area of biomaterials. Towards this end, various organic and inorganic synthetic implants have been developed depending on the requirement of host tissue. As far as the development of prosthetic implants for one of the major tissues i.e., bone is concerned, the number of material classes in monolithic as well as in composite forms using metals, ceramics and polymers have been suggested.<sup>2</sup> Due to their high mechanical reliability, metals are generally used to develop load-bearing implants.<sup>3</sup> Metallic implants include titanium, titanium alloys, cobalt-chromium alloys and various types of stainless steels.<sup>4,5</sup> On the other hand, composites of ceramics-metals, polymers-ceramics and polymers-metals are generally developed for articulating surfaces in bones such as various joints, grafts and couples.<sup>6</sup> Metallic implants suffer from the major drawback of 'stress shielding' effect due to their high stiffness.<sup>7</sup> However, according to Wolf's law, bone requires constant

mechanical stress/load to develop and regrow, otherwise, it gradually loses its mass and consequently, becomes porous.<sup>8,9</sup> Further, such phenomenon leads to the loosening of the implant. In addition, cobalt-chromium alloys, as well as stainless steel implants, release toxic elements such as Ni, Co, and Cr due to their time-dependent corrosion in the body environment which also restricts their use as implant materials.<sup>10,11</sup> Therefore, titanium and its alloys are preferred in orthopaedic implants due to their excellent corrosion resistance, reliable mechanical performance, biocompatibility as well as comparatively lower stiffness than stainless steel as well as cobalt-chromium alloys. However, titanium implants also suffer from the similar drawback of stiffness incompatibility with the bone as well as poor osteointegration which leads to their failure.<sup>4,12,13,14,15</sup> Osteointegration refers to the structural and functional bonding between the surface of synthetic implant material and the bone tissue.<sup>16</sup> Titanium based alloys also cause wear debris due to their high coefficient of friction with host bone tissue which restricts their lifetime use.<sup>17,18</sup>

In view of the above backdrops, the recent trends towards the development of prosthetic orthopaedic implant materials are centred around (a) composites, (b) polymeric coatings on metallic implants, (c) tissue engineering and (d) functionally graded materials (FGMs).<sup>19,20</sup> Out of these, the concept of FGMs have recently demonstrated their potentiality as an appealing choice for orthopaedic applications. Such materials/compositions can be properly tailored to meet the various requirements such as reliable biocompatibility, strength, resistance to corrosion, appropriate elastic modulus and close chemical similarity with that of hard tissues as well as osteoconductivity and osteoinductivity for bone and dental implants.<sup>21,22,23,24</sup> Functionally graded materials (FGMs) refer to the class of materials where the composition, as well as the properties such as mechanical, physical and biochemical, gradually vary in space along with the thickness or the specified direction, according to the application.<sup>25,26</sup> On the other hand, a composite material has abrupt macroscopic

boundaries/sharp interfaces between their constitutive phases. Human bone is one of the primary examples of naturally occurring functionally graded material. The simplest example can be taken in the case of long bones whose external part is the compact cortical bone layer which covers the spongy or trabecular cancellous bone.<sup>25</sup> Considering its cross-section, there is a gradual variation in composition i.e., pore distribution as well as mechanical properties (tensile strength and modulus of elasticity) in the direction from external compact cortical bone to the spongy cancellous bone and vice versa.<sup>25</sup> Similarly, there are many other types of bones having the sophisticated graded structure according to the anatomical location as well as their physiological functionality.<sup>25</sup>

Apart from its physical nature of having a functionally graded structure, living bone is also an electrically active tissue.<sup>27</sup> The electrical characteristics of bone appear in the form of piezoelectricity, pyroelectricity and ferroelectricity.<sup>28,29,30,31,32</sup> Piezoelectric nature of living bone is an intimidating feature by which mechanical stress is converted to a potential difference / electric charges which further facilitates the bone in its growth, proliferation of bone cells (osteocyte, osteoblast and osteoclast) and healing/reconstruction of bones in the case of fractures.<sup>28</sup> Therefore, materials mimicking the electrical effects in the bone can be suggested as new generation biomaterials for orthopaedic implants.<sup>33,34</sup> Such materials have the ability to develop charges on their surface by external stimulation such as mechanical stress or E-field which can further facilitate excellent osteointegration as well as assists in healing fractures, remodelling and growth of bone tissue.<sup>34</sup>

# 1.2. Relevance of external electric field

The application of the external electric field (E-field) on living bones to heal fractures / nonunions has generally been used for more than a decade.<sup>35,36</sup> Due to its piezoelectric nature, living bone develops the polarization/electric charges on the application of external electrical stimulation or mechanical stress.<sup>27</sup> These charges flow to the extracellular matrix (ECM) in

the form of bioelectrical signals and finally reach to the bone cells (fibroblasts and osteoblasts) activating various processes of proliferation, matrix production which results in rapid healing of fractures.<sup>37,38,39,40,41,42</sup> From the cellular point of view, the electric field enhances the intracellular calcium concentration, DNA and protein synthesis in osteoblasts as well as fibroblasts cells.<sup>43</sup> Therefore, external E-field enhances bone functionality. The piezoelectric synthetic implant material with the ability to develop polarization / electric charges on the application of physiological loads or external stimulation such as E-field or mechanical stress can resemble the behaviour of bone. However, the synthetic implant materials exhibit slow osseointegration ability with the bone tissue in the absence of external/internal cues despite the ability to develop polarization / electric charges.<sup>44</sup> To enhance these processes, properly tuned external electric field (E-field) has been reported to be an efficient stimulating factor for improved cellular interaction with the implant material.<sup>44,45</sup> It is due to the characteristics of the living cell which possess inherent electrical nature and their rapid response under the external E-field. A number of studies have been conducted by considering the interaction of E-field with living cells for various applications such as electrochemotherapy, necrosis, tissue ablation, gene therapy, cellular apoptosis, etc.<sup>46,47,48,49,50</sup> Therefore, properly tuned external E-field can enhance the proliferation of cells on the biomaterial substrates.

## **1.3. Model materials**

Hydroxyapatite (HA), belongs to the family of calcium phosphate, is extensively studied for the orthopaedic implants due to its ability to chemically react with the bone tissue, *in-vitro* and *in-vivo*.<sup>51,52,53</sup> It is a bioactive ceramic having excellent biocompatibility. Synthetic hydroxyapatite (HA) having a calcium-to-phosphate stoichiometric ratio of 1.67 is the most desirous material for the orthopaedic implants due to its chemical as well as structural similarity with the inorganic mineral phase of bone.<sup>54</sup> In this context, incorporating

hydroxyapatite (HA) as one of the principal ingredients in the development of a biocomposite as well as FGM for the bone-implant would be an excellent choice.

HA exists in two structures i.e., in hexagonal (space group:  $P6_3/m$ ) and monoclinic  $(P2_1/b)$ .<sup>55,56</sup> The monoclinic phase possesses a non-centrosymmetric structure while hexagonal has a centrosymmetric structure. Therefore, most of the electroactive properties are mainly assessed with the monoclinic form. In addition, these electroactive properties are mainly assessed with respect to the nanocrystalline HA. HA has been reported to exhibit piezo, pyro and ferroelectric nature.<sup>57,58,59</sup> In bulk HA, such properties are not very significant. In this respect, HA possesses poor electrical characteristics. However, the polarization of HA via the external electric field (E-field) to generate the surface charges has been reported to provide enhanced osteobonding as well as osteoconductivity.<sup>60,61,62</sup> Therefore, polarized HA is suggested to have favourable biological response both, *in-vitro* and *in-vivo* to support the growth of bone cells as well as bone tissue.<sup>60,63</sup>

Synthetic HA possess poor mechanical properties as well. It has been reported that addition of piezoelectric secondary phase (i.e., BaTiO<sub>3</sub>) in the ceramic matrix overall increases the mechanical properties of the composite system.<sup>64</sup> In this respect, ferroelectric Na<sub>0.5</sub>K<sub>0.5</sub>NbO<sub>3</sub> (NKN) is a potential alternative due to its high piezoelectric strain coefficient,  $d_{33} \sim 260$ pC/N, high Curie temperature, T<sub>C</sub> ~ 420°C, electromechanical coupling coefficient,  $k_p \sim 0.48$ , mechanical quality factor,  $Q_m \sim 280$  and dielectric constant,  $\varepsilon \sim 657$  as well as its relatively lower density, ~ 4.51 gm/cm<sup>3</sup> as compared with other piezoelectric biomaterials.<sup>65,66,67,68,69</sup> In addition, ferroelectric NKN (Na<sub>x</sub>K<sub>y</sub>NbO<sub>3</sub>;  $0 \le x \le 0.8$ ,  $0.2 \le y \le 1$ ) has been patented as biocompatible orthopaedic implant material because of its excellent viability towards human monocytes.<sup>70</sup> BaTiO<sub>3</sub> (BT) has been demonstrated to be another piezoelectric biocompatible material, *in-vitro* as well as *in-vivo*.<sup>44,71,72,73,74</sup> In simulated body fluid (SBF), BaTiO<sub>3</sub> promotes apatite formation.<sup>71,74</sup> BaTiO<sub>3</sub> also increases the fracture toughness of HA-BaTiO<sub>3</sub> composite system due to piezoelectric energy dissipation.<sup>75</sup> In addition, the presence of BaTiO<sub>3</sub> as the secondary phase in HA-BaTiO<sub>3</sub> composite reveals enhanced dielectric constant as well as piezo- and pyro-electric coefficients.<sup>64,76</sup> The HA-BaTiO<sub>3</sub> composite system has been reported to promote osteogenesis in the dog femur bone.<sup>72</sup> Another electroactive non-piezoelectric perovskite biocompatible material is CaTiO<sub>3</sub> (CT) which is suggested to be a potential substrate for osteointegration and osteoconduction.<sup>77,78</sup>

## 1.4. Objectives of the dissertation

The present dissertation is divided into two parts. The first part is concerned with developing/modifying the electrical analogue of a living cell to facilitate the evaluation of the E-field parameters which can be utilized for faster osteointegration of bone cells with biomaterial substrate. In the second part, enhancement of electrical properties of HA by developing piezobiocomposite as well as FGMs has been discussed. The developed HA based piezobiocomposite and FGMs can have close resemblance with the living bone in terms of electrical, mechanical and biochemical characteristics. Surface charges developed on the biomaterial substrates are also reported to stimulate the osteointegration with the bone tissue. Therefore, the analysis of the electrical properties of polarized electroactive biomaterials has been carried out in the present dissertation. Based on these considerations, the objectives of the present dissertation are:

(i) To develop/modify the electrical equivalent of the single living cell by considering various fundamental aspects of ionic flow across the cell and nuclear membranes.

(ii) To evaluate the time constant of the modified electrical model of a single living cell.

(iii) To study the variation of the time constant with the cellular parameters such as cell size, cell and nuclear membrane capacitances and resistances and cytoplasmic and nucleoplasmic resistances and its effect on various cell fate processes.

- (iv) To evaluate the E-field intensity required to electroporate the cell for different E-field pulse duration. Thereafter, to study the response of various cellular compartments to Efield pulses of various durations.
- (iii) To develop the monoliths of HA and  $Na_{0.5}K_{0.5}NbO_3$  (NKN) as well as composite of HA and NKN via spark plasma sintering route.
- (iv) To study their electrical characteristics such as thermally stimulated depolarization current (TSDC), ac conductivity and dielectric and loss behaviour after poling at very high E-field strength (up to 100 kV/cm) over the wide range of temperature.
- (v) To examine the surface characteristics of HA electrets via X-ray photoelectron spectroscopy.
- (vi) To develop FGMs comprising of HA, BaTiO<sub>3</sub> and HA, CaTiO<sub>3</sub> via spark plasma sintering route.
- (vii) To analyse the microstructural (SEM) properties of developed FGMs as well as to determine the integration of different layers in developed FGMs.
- (viii) To study the electrical properties of FGMs such as dielectric behaviour and ac conductivity as well as impedance spectroscopy over the wide range of temperature and frequency.

#### **1.5.** Outline for the dissertation

The present dissertation has been divided into 6 chapters. Chapter 1 introduces the relevance of carrying out the present research and provide the research gap in the present domain of study. Chapter 2 reviews the bioelectrical characteristics of bone, polarization behaviour of hydroxyapatite and its relevance towards the development of electroactive prosthetic implants. In addition, the influence of E-field on various complex cellular functionalities along with the need for the development of the electrical model of the living cell and its consequences have been elaborately discussed. Also, the necessity and relevance for the development of FGM have been mentioned objectively. Chapter 3 presents the modification and analytical analyses of the electrical equivalent of the living cell. In addition, the validation of the electrical equivalent model has been carried out by evaluating the E-field parameters required for electroporation to occur and thereafter, comparing them with the experimental reports. Chapter 4 is about the study of the electrical characteristics of polarized HA, NKN and HA–NKN composite system. Also, discussion on the detailed methodology of thermally stimulated depolarization current measurements as well as various polarization and depolarization mechanisms occurring in HA is followed. Chapter 5 details the development of functionally graded materials comprising of HA, BaTiO<sub>3</sub> and HA, CaTiO<sub>3</sub>. The dielectric, ac conductivity as well as impedance spectroscopic behaviour has been elaborately discussed for the developed FGMs. Chapter 6 gives a conclusion and future scope for the present dissertation. The overall structure of the present dissertation is provided in Fig. 1.1.



Fig. 1.1. Structure of the present dissertation

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