

# Contents

	<b>Page No.</b>
<b>Acknowledgements</b>	i
<b>Table of contents</b>	v
<b>List of figures</b>	viii
<b>List of tables</b>	x
<b>List of abbreviations</b>	xi
<b>Preface</b>	xiii
<b>Chapter 1: Introduction</b>	1
<b>1.1 Introduction</b>	1
<b>1.2 Classification of Neck Pain</b>	3
<b>1.3 Motivation and Problem Statement</b>	4
<b>1.4 Objectives of the thesis</b>	5
<b>1.5 Outcome of the Thesis</b>	5
<b>Chapter 2: Literature review</b>	7
<b>2.1 Introduction</b>	7
<b>2.2 Muscle fatigue</b>	7
2.2.1 Neck Pain	8
2.2.2 Methods of Neck Pain Reduction	8
<b>2.3 Cervical Traction</b>	9
<b>2.4 EMG (Electromyography)</b>	10
2.4.1 Conclusion	15
<b>2.5 Cervical Radiculopathy</b>	15
2.5.1 Conclusion	19
<b>2.6 Cervical Spondylosis</b>	19
2.6.1 Conclusion	22
<b>2.7 Classification</b>	22
<b>2.8 Conclusion</b>	23
<b>Chapter 3: Muscle Fatigue Analysis of Radiculopathy Patients under Cervical Traction Treatment Using EMG Data</b>	25
<b>3.1 Introduction</b>	25
<b>3.2 Methodology</b>	28
3.2.1 Anatomy of Cervical Spine	29
3.2.1.1 Cervical Vertebrae	29
3.2.2 Time Domain Features	34
3.2.3 Frequency Domain Features	35
<b>3.3 Results</b>	36

<b>3.4 Discussion</b>	42
<b>3.5 Conclusion</b>	44
<b>Chapter 4: The Efficacy of Mechanical Cervical Traction for Spondylosis Patients</b>	45
<b>4.1 Introduction</b>	45
<b>4.2 Methodology</b>	48
<b>4.3 Statistical Analysis</b>	50
<b>4.4 Result and discussion</b>	50
<b>4.5 Conclusion</b>	59
<b>Chapter 5: Clinical Assessment of Muscle Fatigue Using LabVIEW</b>	60
<b>5.1 Introduction</b>	60
<b>5.2 Methodology</b>	62
<b>5.6 Results and discussion</b>	65
<b>5.7 Conclusion</b>	68
<b>Chapter 6: Classification of EMG data to Assess the Fatigue Level of Different Subjects While Providing Traction Therapy</b>	70
<b>6.1 Introduction</b>	70
6.1.1 Support Vector Machine	71
6.1.2 Complex Tree	72
<b>6.2 Methodology</b>	74
6.2.1 Classification Evaluation Criteria	75
<b>6.3 Result and Discussion</b>	76
<b>6.4 Conclusion</b>	80

<b>Chapter 7: Conclusion and future work</b>	81
<b>7.1 Conclusion</b>	81
<b>7.2 Implication for future work</b>	83
<b>References</b>	94-104
<b>Appendices</b>	105-107